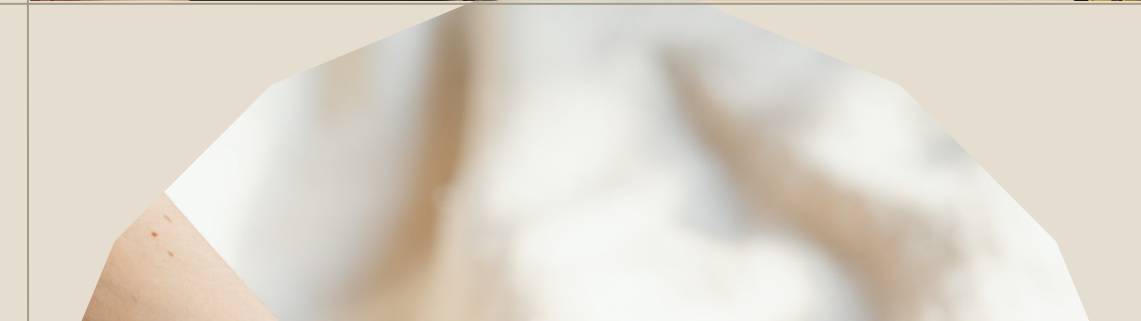


DIVE INTO

# THE DEPTHS OF RELATIONSHIPS



VIKTOR & CARIEN





Viktor & Carien

In yoga philosophy, relationships are revered as the highest form of "yoga" - the union of self and the other person. Just as yoga unites body and soul, relationships unite individuals.

Relationships are not limited to romantic connections; every interaction is an opportunity for us to discover our true selves, identify limiting thoughts, and understand how we've been conditioned in the past.



## OUR AIM



"Retreat" means to remove oneself from daily routines, hassles, habits, and the limitations one may have imposed on oneself. It provides time to connect with oneself through knowledge, physical practices, and a space to awaken to one's own truth.





In this retreat, you will experience a harmonious blend of yoga, meditation, and body movement to complement your Astrology learning and self-discovery. Deepen your understanding by meditating on the wisdom gained during the sessions, allowing knowledge to permeate your being.

Yoga and meditation cultivate a profound "relationship" with yourself, fostering a deeper understanding of who you are. By recharging, loving, and comprehending yourself, you pave the way for healthier external connections.

As the retreat unfolds, Viktor will lead a Family Constellation session, unraveling the roles played by your family or childhood in shaping your adulthood.

This is more than just an astrology retreat; it's a journey of love, understanding the root causes, learning self-love, and embracing a healthier attitude towards relationships.

WHAT TO  
EXPECT?

03/13





Date: June 10 - 16

Venue: Château de Montcuquet, Lautrec, France

Accommodation and food: all inclusive

Cost: 1,500 Euros

- 1.Meals are based on a vegetarian menu. If you have special dietary needs, please inform us in advance.
- 2.You can expect yoga, meditation, and movement throughout the retreat, except on arrival and departure days.
- 3.Daily Astrology sessions will run for 3 to 5 hours.
- 4.Accommodation will be in shared double rooms
- 5.Bathrooms will be shared with rooms located on the same floor.
- 6.There will be an excursion on day 5 afternoon to the local medieval village of Lautrec (the schedule might change depending on the weather).
7. Yoga mats, blocks, and bicycles are available during the retreat.

WHAT TO  
EXPECT?



by Viktor



# ASTROLOGY CONTENT

01

Chiron's position - Chiron is often referred to as the 'Wounded Healer.' It signifies areas of deep emotional or psychological wounds that an individual may carry. Additionally, Chiron indicates our family dynamics in childhood and how they affect our relationship patterns.

02

Saturn's position - Saturn is often associated with challenges, obstacles, and limitations, including those that may be experienced in relationships.

*The lessons may vary depending on group dynamics and energy.*





by Viktor



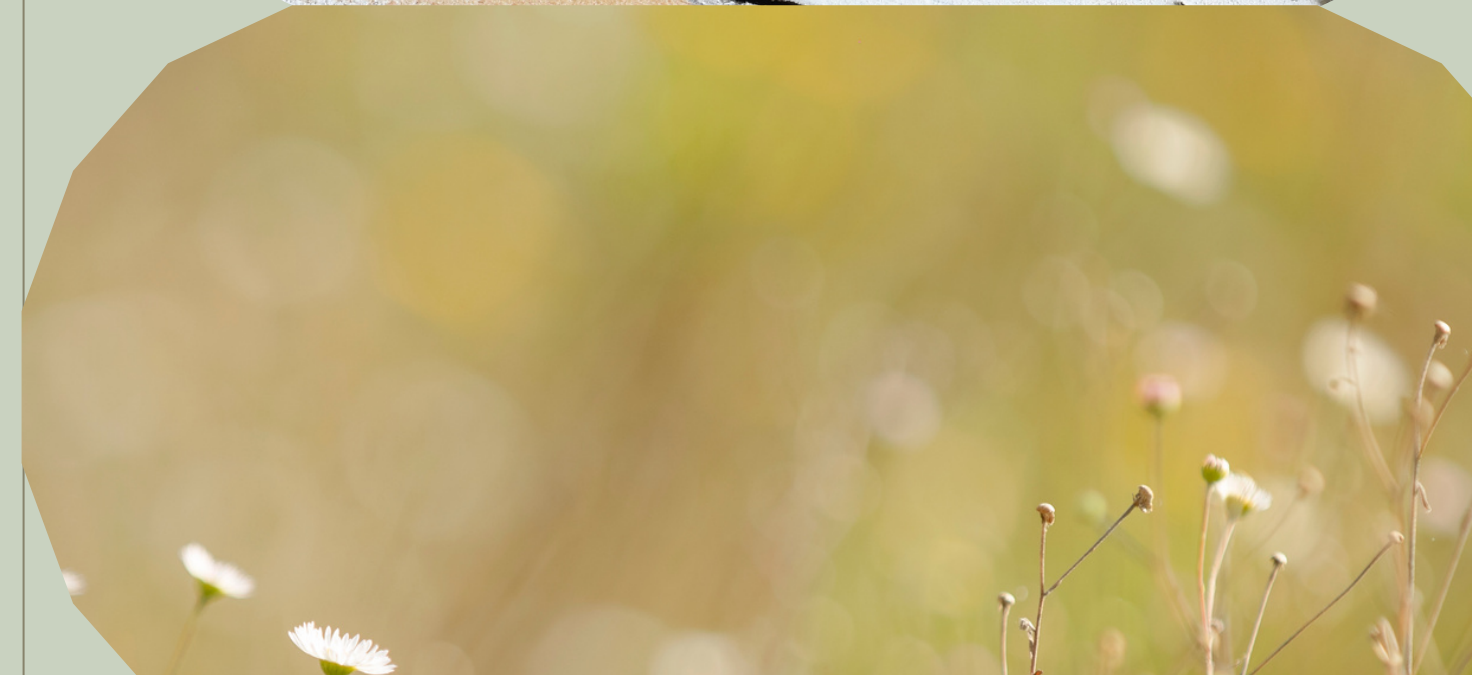
# ASTROLOGY CONTENT

03

Saturn's aspects with other planets - When Saturn is prominent in a natal chart or forms challenging aspects to personal planets, it may indicate potential difficulties and obstacles in relationships. Understanding Saturn enables you to transform these obstacles into success.

04

Moon's position - to understand your moods and deepest needs on an emotional level.





by Viktor



# ASTROLOGY CONTENT

05

Venus - To comprehend both your love language and your partner's, fostering enhanced mutual understanding—no more lost in translation and LOVE better!

06

Explore Quincunx - quincunx is 150 degree aspect that often appears in the chart that need healing or we had traumatic experiences with, which can cause issues in relationships too.







Meet the teacher



## ABOUT VIKTOR

Viktor Simon is an inspiring astrologer, with a rapid growing international reputation. He blends modern, traditional and ancient methods in a unique way, achieving powerfully accurate results.

Viktor is recognised as a gifted teacher. He has a enthusiastic and devoted community of students worldwide which includes aspiring astrologers and experienced professionals.





Meet the teacher



## ABOUT CARIEN

Carien, a seasoned and well-traveled light worker, has been sharing her expertise as a Yoga Teacher for the past 15 years. Beyond her role as a Yoga Teacher, she is also an Inner Dance Facilitator, Astrologer, and Body Worker, impacting people globally. Her mission is to guide individuals in connecting with their inner wisdom and power, supporting them on their personal journeys through the tools and techniques she has developed over time.

In addition to these roles, she serves as an astrologer on AstroLada's website and YouTube channel, with her videos popping up from time to time.

Currently working towards becoming a teacher trainer for Kundalini Yoga, Carien is recognized for her integrity, dedication to service, and her ability to create lasting positive results. Her commitment is to spread light and positivity wherever her journey takes her.





## Getting There



The Château host will be able to pick you up from “Castres” Train station. Please let us know when you’re arriving so we can schedule ahead.

### Flying

Castres Mazamet airport (DCM) - Paris

The nearest airport is conveniently 20 minutes away by car - Castres Mazamet, daily flights from Paris Orly, typically leave and return 3 times per day.

Toulouse Blagnac airport (TLS)

Located just over 1 hour from the Chateau is Toulouse Blagnac airport

Direct flights from UK airports - London Heathrow/Gatwick/Stansted, Bristol, Birmingham, Manchester and Edinburgh

Many other cities have direct flights including - Dublin, Amsterdam, Madrid, Lisbon, Frankfurt and Brussels

Carcassonne airport (CCF)

This nearby airport is just under 1hr 20minutes from the chateau by road, regular direct flights from London Stansted, Manchester, Brussels, Dublin, and Porto on budget airlines make this a great option.





## Getting There



### Trains

The best way to arrive by train is from Toulouse Matabiau train station. A bus leaves the airport every 20 mins (9.00 euro) it takes around 30 minutes to the train station.

Regular trains depart to Castres from fares as low as 10.00 euro one way and takes between 1hr - 1.5hr.





# CHÂTEAU DE MONTCUQUET



Chateau



Yoga Space

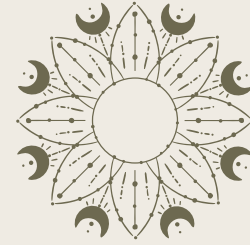


Teaching Room



Shared Bedroom





JOIN OUR

HOLISTIC EXPERIENCE  
THAT TRANSFORMS  
BLOCKAGES INTO  
OPPORTUNITIES!!